

Nottingham Boat Club

Development Plan

Adopted on Mar 03:

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This plan describes the vision for the development of rowing and sculling at Nottingham Boat Club, including recruitment, retention, participation and performance pathways, for athletes, coaches and volunteers.

Its aim is to inform and guide club members, and interested organisations outside the Club who may be able to provide assistance.

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1.0 INTRODUCTION

1.1 What is this development plan?

The purpose of this development plan is to set out the priority areas for Nottingham Boat Club and its partner organisations to develop rowing and sculling over the next 5 years. It also aims to encourage partnerships within the rowing community, as well as other local sport and recreation groups and organisations.

1.2 What is Nottingham Boat Club?

Nottingham Boat Clubs was founded in 1894. It is located Middle of Three, Trent Side North, West Bridgford, Nottingham. The Club has approximately 120 members and exists to promote and develop rowing throughout Nottingham. It caters for all ages from 11 – 70 years, and every level from recreational rowers who have never entered a race and train once per week, to competitors at a national level, training 6 days per week.

1.3 Why does Nottingham Boat Club need a development plan?

There are significant advantages for Nottingham Boat Club to pinpoint opportunities and areas for development, and to work more closely with other organisations and groups. These are:

- To improve co-ordination of effort and expenditure on the delivery of rowing and sculling in Nottingham.
- To be in a position to apply for both capital and revenue funding support from Local Authorities, and other sports funding bodies.
- To better develop rowing opportunities for the local community.
- To reduce unnecessary duplication and overlap of rowing resources.

1.4 How was the development plan prepared?

The production process involved a consultation evening on Thursday 7th November 2002 whereby club members were asked to consider and highlight club issues and priority areas for development over the next 5 years. The club appointed a specialist Sport and Recreation Management Consultant to facilitate the consultation evening.

Further consultation was organised following production and distribution of the draft development plan, including all club members, and representatives from Sport England (*East Midlands Regional Office*), Amateur Rowing Association, East Midlands Regional Rowing Council, Rushcliffe Borough Council and Nottinghamshire County Council.

Clearly the success of the development plan depends on full co-operation and ownership amongst club members and other rowing organisations, and wide consultation was therefore considered to be paramount.

2.0 THE CONTEXT

2.1 What is happening in rowing nationally?

The Amateur Rowing Associations 2001 Forward Plan sets out a long-term vision as well as goals and targets for rowing in England during the period to 2001 – 2005. It identifies a framework for the provision of equal opportunities for everyone to become involved in rowing and sculling and to achieve their personal best.

The Amateur Rowing Associations vision for rowing is the creation of an environment which positively promotes the development of skills and competence, increases levels of participation in rowing, encourages and supports the achievement of personal goals and aids the development of excellence.

The vision is defined through specific goals and targets in 9 main areas. These are:

- corporate governance
- equal opportunities
- high performance
- young people
- coach education and training
- club and volunteer support and development
- competition
- members and participants
- communication

2.2 What is happening in rowing regionally?

As a county Nottinghamshire is covered by the remit of the East Midlands Regional Rowing Council, which supports, and offers advice to local rowing clubs on issues associated with the provision and development of rowing.

It plays a key role in promoting the strategic development of rowing opportunities in the region and in co-ordinating the implementation of national initiatives and policy regionally.

In November 2002, the East Midlands Regional Rowing Council produced an East Midlands Rowing – Forward Plan 2002 – 2006 which identifies 10 broad areas which will underpin rowing in the region.

- core activities
- equal opportunities
- high performance rowing
- young people
- coach education
- club and volunteer support and development
- competition
- members and participants
- communications
- facilities

2.3 What is happening in rowing locally?

The East Midlands Rowing Region consists of 18 affiliated rowing clubs, 5 university rowing clubs, and 2 school rowing clubs, the National Water Sports Centre, and many good navigable rivers such as the River Trent.

The region holds a number of reputable regattas and long distance head races including Nottingham City Regatta, Nottingham Head of the Trent, and Nottingham Small Boats Head, as well as hosts many high profile events at the National Water Sports Centre, Nottingham such as:

- National Rowing Championships of Great Britain
- National Rowing Veteran Championships
- National BUSA Rowing Championships
- Inter Regional Rowing Championships
- National Schools Rowing Championships

The region has a number of very good coaches who have made a significant contribution to the results and achievements within the region. Many have undertaken coaching awards, and the region currently has 19 bronze, 4 silver and 4 gold award coaches.

Over the years the region has produced some exceptional athletes and coaches who have achieved excellent results at the major rowing events including Henley Women's, Henley Royal Regatta and the National Championships.

3.0 WHERE ARE WE NOW?

3.1 Club Development

The Club Committee manages the Club, and the rowing structure currently consists of 5 rowing squads. There is also a lively social programme, which consists of bands and private parties. The Club is, however, very anxious to improve all areas and wishes to achieve Clubmark – Sport England club accreditation scheme over the next 12 months.

3.2 Coaching Development

The Club has a number of very good coaches who have made a significant contribution to the results and achievements within the Club over the years. Many have undertaken coaching awards, and the Club currently has 7 qualified active coaches and 2 unqualified active coaches (4 instructor awards, 3 bronze, 0 silver, and 0 gold award coaches). Each coach works with a particular squad including juniors, novices, senior women, senior men, and elite squads.

Unfortunately the number of active coaches are few and without a dedicated and committed coach a squad will breakdown and members will ultimately leave. It is difficult to recruit new coaches who are prepared to spend the time necessary to coach a particular squad, which amounts to 10 – 15 voluntary hours per week, including technical water coaching, supervision of land training and preparation of training programmes.

The success of the Club hinges on the availability and ability of its coaches to motivate club members to participate, train and perform. Therefore, the Club must work towards providing a sustainable coaching structure, which will drive the Club membership and subscriptions, and increase Clubs funds. The Club needs to consider alternative ways in which to recruit, retain and recognise its coaches including coach education, scholarships and possible coaching fees.

3.3 Junior Development

The Club currently has 9 junior members which have been recruited through links with the Nottinghamshire Schools Rowing Association (NSRA). The NSRA was formed in July 2000 and is a partnership between Becket School, Djanogly Technical College, and local rowing clubs including Nottingham BC, Nottingham & Union RC and Nottingham Britannia RC. All organisations make a contribution of £250 per year to support the NSRA.

Anyone aged 11 – 18 years can participate in NSRA rowing sessions and to date the NSRA have had 98 members who have registered and passed some form of award, however approximately 30 – 40 participants can be considered regular members.

The NSRA has received numerous grants from A4A to support coach and launch driver training, NJRP materials and safety equipment. In July 2001, the NSRA was also awarded a Project Oarsome grant in the sum of £48,051 from the ARA and other organisations as a one off award to support the purchase of equipment, which is stored at the NWSC in the Becket School boathouse.

In early 2003 testing and selection will start for the World Class Start Programme, which will target 6 young people aged 15 – 16 years who are considered to show world class potential. World Class Start will operate in parallel to the existing NSRA structure by helping to raise the aspirations of the NSRA and NSRA providing a social dimension to World Class Start.

NSRA members are eventually fed through to local Clubs where they can further develop their skills and take part in competitive rowing. Therefore, the recruitment of juniors should become a priority area for the Club and links with the NSRA should be greatly strengthened. Junior members are the future lifeblood of the Club and are quick to learn which will ultimately improve the skill base of the Club and reduce bad habits being learned. Parents quickly become keen and will also provide the Club with an untapped pool of volunteers and future coaches.

3.4 Adult & Senior Development

The Club has a broad membership in terms of age, ability and gender including 60% male, 32% female and 8% young people (under 18 years). The Club membership is enthusiastic and hardworking but unfortunately there is an ageing membership with the average age being 35 – 40 years.

The Club has run several open days in an effort to recruit new members but these have been adhoc and poorly networked amongst local organisations resulting in disappointing numbers. The Club also runs a sculling school at NWSC on Tuesday evenings from April – September, in partnership with the NWSC. The Club provides all coaching personnel, and

NWSC provides all boats and retains all income. Whilst this has been a proactive initiative the Club has failed to capitalise on it by not directing participants into Club rowing.

The Club should particularly look to increase the number of juniors and women and all recruitment initiatives should actively target participants aged 14 – 24 years via improved links with the NSRA, local Universities and Sports Development Officers.

3.5 Community Development

The Club has participated in all local events and initiatives organised by the East Midlands Regional Rowing Council and NSRA, but joint working with local authorities and other target groups has been sporadic. The Club has an open membership policy but has failed to actively encourage all community groups to participate in rowing.

3.6 Competition

The Club participates in a varied competition programme, which caters for all ages, and abilities from novice and senior squads participating at local regattas and heads to senior and elite squads performing at high quality regattas such as National Rowing Championships of Great Britain, FISA and Henley Royal.

The Club runs the Nottingham Small Boats Head in October and also works in conjunction with neighbouring Clubs on Trent Side to deliver the Trent Head in February and Nottingham City Regatta in May which are all well supported and prominent events within the rowing calendar.

3.7 Pathways to Performance & Elite Development

The Club has enjoyed considerable success over the last 5 years at Women's Henley, and the National Rowing Championships, including 4 silver medals, 5 bronze medals, and 2 wins at Women's Henley. Today the Club has a relatively small pool of elite athletes, who train approximately 15 – 20 hours per week and compete at many high profile rowing events and GB squad trials.

Unfortunately, many elite athletes have left the Club to pursue excellence elsewhere at neighbouring Clubs in Nottingham. Therefore, to retain the elite athletes the Club needs to consider the coaching, and equipment requirements as well as access to facilities, particularly the NWSC. The Club also needs to outline clear lines of progression from squad to squad, in an attempt to increase the elite pool, with members who have the ability and commitment to train at such a level.

3.8 Facilities & Equipment

The Club is situated alongside the river Trent on Trent Side, Nottingham and consists of boathouse (3 bays), function room/gym area, bar lounge, changing rooms and toilets. The river Trent provides an excellent stretch of water on which to train and the Club is also within easy access of the NWSC whereby the elite squad makes use of the multi lane rowing course from April – July each year prior to Henley and the National Rowing Championships.

The Clubhouse is well maintained but unfortunately the end of the lease is imminent and there is inadequate boat storage, particularly for private single sculls. The Club also has an ageing fleet of boats and it is becoming increasingly difficult to sustain the current club membership with competitive boats, particularly junior members from NSRA.

3.9 SWOT Analysis

Strengths

- Broad club membership (age, ability, gender)
- Open membership policy
- Club membership (participants, and committee members) – enthusiastic, hard working, trustworthy, supportive and self sufficient
- Reputation of producing quality crews (past and present)
- Rowing experience, knowledge and coaching expertise
- Coaching and training camp provided to all squads
- Sculling school run by club at NWSC
- Location of club (river Trent, NWSC, centre of country)
- Access to facilities (river Trent, NWSC)
- Successful social events and reputation of being a music venue
- Strong club history (rowing and social events)

Weaknesses

- Ageing membership
- High turnover of competitive members (go to other Clubs)
- Small elite squad (insufficient role models)
- Poor communication, leadership and open mindedness
- Confusion on links with NSRA
- Fragmentation of club squad system
- Insufficient coaches and volunteers (lack of time)
- Lack of club coxswains and instruction to coxswains
- Old clubhouse
- Ageing fleet of boats
- Inadequate boat racking space and storage
- Poor gym equipment
- Unsuitable mix of boat types (too many coxed fours and insufficient coxless boats)
- No secure boat storage at NWSC
- Hiring towing vehicles is expensive
- Parking problems when Nottingham Forest FC have home match dates
- Limited club funds

Opportunities

- Nottingham city provides a large catchment area for potential membership
- Potential for success at high profile rowing events and GB squad
- Links with NSRA, Project Oarsome and World Class Start, in terms of junior development
- Nottingham is considered a centre of excellence for rowing
- Excellent water facilities (river Trent is the best river in the country and NWSC)
- Future financial input for development

- Relatively inexpensive place to live
- Funding opportunities (local authority, A4A, lottery, foundation for sport and arts, sponsorship, sportmatch)
- Fundraising opportunities through hire of clubhouse facilities for private parties and bands
- Publicity and recruitment opportunities through social events

Threats

- Local competition from adjacent rowing clubs
- Competition from other leisure facilities/sports clubs
- NBC do not own club site and the end of clubhouse lease is imminent
- Nottingham Forest FC development
- Local politics and commercial pressures
- Weather conditions are making it increasingly difficult to row on River Trent during winter months
- Land training facilities inadequate for all squads when unable to row on River Trent due to poor weather

4.0 WHERE DO WE WANT TO BE?

The development plan will provide the Club with a rationale to prioritise its work and ensure that all available resources are optimised, as well as increase the likelihood of securing additional resources for the Club. The consultation evening provided the opportunity to focus clearly on rowing priorities:

4.1 Aims of the Development Plan

- **Club Development** - To create a responsible, safe, effective, and friendly club for adults and young people to enjoy the sport of rowing.
- **Coaching Development** - To improve and increase the number of qualified coaches, umpires, coxswains, and volunteers at the Club by 25%.
- **Junior Development** - To increase the number of junior members aged 11 – 18 years at the Club by 8% (of total club membership), and to have representation at National Schools Rowing Championships and National Rowing Championships of Great Britain.
- **Adult & Senior Development** - To increase the number of senior members aged 18 – 24 years at the Club, by 24% (of total club membership).
- **Community Development** - To improve links with the local community to increase Club membership by 40% (of total club membership).
- **Competition** - To provide all junior and senior members with access to competition.
- **Pathways to Performance & Elite Development** - To increase the number of elite rowers in the Club by 8% (of total club membership), and to have representation at Women's Henley, Henley Royal Regatta, National Rowing Championships of Great Britain, and GB Squad Trials.

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- **Facilities & Equipment** - To provide all members with access to high quality rowing facilities and equipment.

5.0 HOW DO WE GET THERE?

5.1 The following tables set out objectives and actions in achieving the above aims.

Partner Groups – Key

SE	Sport England
ARA	Amateur Rowing Association
EMRRC	East Midlands Regional Rowing Council
LA	Local Authority
SCUK	Sports Coach UK (formerly NCF)
LRC	Local Rowing Club
LURC	Local University Rowing Club
LSF	Lottery Sports Fund
FSA	Foundation for Sport & Arts
SJA	St Johns Ambulance
NWSC	National Water Sports Centre
NSRA	Nottinghamshire Schools Rowing Association
LM	Local Media

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CLUB DEVELOPMENT

AIM: To create a responsible, safe, effective, and friendly club for adults and young people to enjoy the sport of rowing.

Objectives:

1. To develop an effective club management and coaching structure.
2. To generate sufficient funds to allow the growth and development of the Club.
3. To utilise all funding opportunities to support general club development.
4. To improve communication amongst elected officers, coaches, and squads.
5. To ensure the safety and welfare of club members coaches and volunteers.

Action	PI	Time	Lead Officer	Partner Groups	Resources
To continue to affiliate to the ARA**.		Oct – Sept	Club Captain	ARA	£500
To review the club management structure in terms of committee, and coaches and to implement changes where necessary.		Oct 03	Club Captain	ARA	Nil
To appoint a Head Coach and specific squad coaches for juniors, senior men, senior women, novice and elite squads.		Oct 03	Club Captain	ARA	Nil
To produce a club constitution in accordance with ARA guidelines, which sets out the functions of the Club, procedures for membership, committee and ARA child protection policy **.		Dec 03	Club Chairman	ARA	Nil
To attend club management and administration seminars (as appropriate).		Oct – Sept	Club Chairman	SE ARA EMRRC LA	£100
To produce task descriptions for all elected club personnel and coaches.		Oct 03	Club Captain	ARA	Nil
To satisfy the requirements to achieve Clubmark – a Sport England development and accreditation scheme. All recommendations included in the development plan which meet Clubmark criteria will be marked **.		Jun 04	Club President	SE ARA EMRRC LA	Nil
To ensure that the Club Development Plan is monitored, reviewed and revised on an annual basis. To display the Club Development Plan on the Club Notice Board.		Oct	Club President	SE ARA EMRRC LA	Nil
To review Club insurance to ensure that it covers the Club for the activities that it delivers, including public liability and professional indemnity cover **.		Oct 03	Club Chairman	ARA	£

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To develop and promote a code of conduct to identify standards of acceptable behaviour by Club members, coaches, supporters, and parents of junior members **.		Oct 03	Club President	SE ARA	Nil
To identify and examine all sports grants to support a club development programme. To include local authority grants and other sports funding bodies such as A4A, Sportmatch, Foundation for Sports and the Arts and Lottery Sports Fund. <ul style="list-style-type: none"> • Nottinghamshire County Council (grants up to £1,000) to support existing junior sections, and (grants to support performance athletes under 22 years of age). • Nottingham City Council (grants up to £300 to support coaches and athletes who reside within Nottingham City). • Rushcliffe Borough Council (grants currently being reviewed) 		Oct – Sept	Club Treasurer/ Club Secretary	SE ARA EMRRC LA LSF FSA	Nil
To submit a grant application to A4A on an annual basis to support a club development programme. (Sport England Small Grants Programme of £500 - £5000)		July	Club Treasurer/ Club Secretary	SE ARA	Nil
To continue to organise an annual programme of social events as a means to generate club funds, and to ensure these do not coincide with important rowing events.		Oct – Sept	Club Social Secretary	EMRRC LRC	£
To organise and run an annual club training camp (preferably overseas), whereby all club members can attend.		April	Club Captain	ARA LRC	Nil
To produce an information pack, including information on the Club, equity policy, child protection and screening guidelines, task descriptions and Club emergency procedures **.		Jul 04	Club Secretary	SE ARA	£100
To produce a club newsletter on an annual basis. To report on progress at all events, squad development work, and recruitment initiatives **.		Oct 03	Club Secretary	SE ARA EMRRC LA	£100
To implement the new ARA Water Safety Code **.		Oct – Sept	Club Safety Officer	ARA EMRRC	£
To conduct regular risk assessments to include facilities, equipment and safety procedures.		Oct – Sept	Club Safety Officer	ARA EMRRC	Nil
To encourage all club members to familiarise themselves with the Clubs emergency procedures, if an accident or emergency occurs. To display a copy of emergency procedures on the notice board.		Oct – Sept	Club Safety Officer	ARA EMRRC	Nil

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To display relevant emergency contact telephone numbers by the Club telephone to avoid delay in the case of an accident.		Oct – Sept	Club Safety Officer	ARA EMRRC	Nil
To produce an accident/ incident report form, which the main person who dealt with the accident or incident should complete.		Oct – Sept	Club Safety Officer	SE ARA EMRRC	Nil
To record and store reports on any accident or incident, and kept by an identified club member.		Oct – Sept	Club Safety Officer	ARA EMRRC	Nil
To provide adequate first aid kits at the Club and to ensure that they are kept fully stocked and in an easily accessible place.		Oct – Sept	Club Safety Officer	ARA EMRRC	£50
To ensure the Club has 1 member qualified in first aid. To encourage and offer to fund 1 club member to attend recognised first aid training on an annual basis.		Oct – Sept	Club Safety Officer	SE ARA EMRRC LA SJA	£50

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COACH & VOLUNTEER DEVELOPMENT

AIM: To improve and increase the number of qualified coaches, umpires, coxswains, and volunteers at the Club by 25%.

Objectives:

1. To provide a coaching structure based on age, and ability.
2. To provide all coaches, umpires, coxswains and volunteers with adequate coach education and training.
3. To provide all coaches, umpires, coxswains and volunteers with appropriate mentoring and development opportunities.
4. To identify and examine ways in which to recruit, support, and recognise coaches, umpires, coxswains, and volunteers.
5. To satisfy the ARA codes of conduct and safety procedures.

	PI	Time	Lead Officer	Partner Groups	Resources
To produce a coaching policy, which will clearly outline the way club members will row.		Oct 03	Club Captain	ARA EMRRC	Nil
To devise set criteria on which to base progression from squad to squad.		Oct 03	Head Coach	ARA EMRRC	Nil
To appoint a Head Coach who will implement the club coaching policy and co-ordinate clear lines of progression from squad to squad.		Oct – July	Club Captain	ARA EMRRC	Nil
To appoint a dedicated squad coach, for each rowing squad including juniors, senior men, senior women, elite and novice squads. To provide technical water coaching, land training and preparation of training programmes to all squad members.		Oct – July	Club Captain	ARA EMRRC	Nil
To produce task descriptions for each squad coach **.		Oct 03	Club Captain	ARA	Nil
To ensure that all 'active' squad coaches hold a recognised ARA Coaching Award (or are working towards a coaching award) **.		Oct – Sept	Club Captain	ARA EMRRC	Nil
To utilise all local authority grants to support a coach education programme.		Oct – Sept	Club Captain	SE ARA EMRRC LA	Nil
To utilise all local authority coach education programmes, in terms of access to training on child protection, equity and first aid workshops.		Oct – Sept	Club Captain	SE ARA EMRRC LA SCUK	Nil

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To fund unqualified coaches and volunteers to obtain an ARA Coaching Award. To include a min of 2 IA, 1 Bronze, and 1 Umpire per year **.		Oct – Sept	Club Captain	ARA EMRRC	£800
To encourage and offer to fund 'active' coaches, volunteers and coxswains to obtain additional and essential training (including child protection, and first aid). A min of 1 person to be funded to attend child protection and first aid training per year **.		Oct – Sept	Club Captain	SE ARA EMRRC LA	£100
To offer to fund all squad coaches to attend a 'Equity in your Coaching' Sports Coach UK Workshop. A min of 1 person to be funded to attend each year **.		Oct – Sept	Club Captain	ARA EMRRC LA SCUK	£100
To run Coach Development Days whereby high quality coaches are funded to come and work alongside all squad coaches (min 2 times per year).		Oct March	Head Coach	ARA EMRRC	£700
To offer to fund all dedicated squad coaches to attend the ARA National Coaches Conference.		Jan	Club Captain	ARA	£850
To aim to provide all dedicated squad coaches with a coaching scholarship on an annual basis.		Oct – July	Club Captain	ARA EMRRC	£9000
To offer to fund all squad coaches to attend 1 club training camp per year.		April	Club Captain	ARA	£1000
To encourage all club members to involve themselves in the taster/open days/learn to row courses held at the Club, as a means to identify and recruit future coaches.		Oct July	Club Captain	ARA EMRRC NWSC	Nil
To fund a min of 1 junior member per year to attend a rowing specific CSLA/IA.		Oct – Sept	Club Captain	ARA EMRRC	£150
To encourage all squad coaches to adhere to the coach/performer ratio as specified by the ARA **.		Oct – Sept	Club Safety Officer	ARA EMRRC	Nil
To encourage all squad coaches to carry out the necessary safety checks before the start of any coaching session.		Oct – Sept	Club Safety Officer	ARA EMRRC	Nil
To encourage all 'active' squad coaches to hold adequate professional indemnity and personal liability insurance, to cover their coaching roles, through membership to the ARA **.		Oct – Sept	Club Safety Officer	ARA EMRRC	Nil
To encourage all squad coaches to keep attendance records, medical information and emergency contact details for all squad members **		Oct – July	Club Safety Officer	ARA EMRRC	Nil
To display a copy of the Sports Coach UK Code of Conduct for Coaches on the notice board **.		Oct – Sept	Club Safety Officer	ARA EMRRC SCUK	Nil

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To distribute copies of the ARA Code of Conduct for Coaches, Officials and Volunteers and/or Sports Coach UK Code of Conduct for Coaches, to all 'active' squad coaches. To encourage all 'active' squad coaches to familiarise themselves with the code of conduct **.		Oct – Sept	Club Safety Officer	ARA EMRRC SCUK	Nil
To distribute copies of the Clubs emergency procedures, to all 'active' squad coaches. To encourage all 'active' squad coaches to familiarise themselves with the procedures.		Oct - Sept	Club Safety Officer	ARA EMRRC	Nil
To screen all 'active' squad coaches, particularly those working with junior members. To ascertain Criminal Records Bureau procedures from EMRRC.		Oct – Sept	Club President	ARA EMRRC	Nil

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JUNIOR DEVELOPMENT

AIM: To increase the number of junior members aged 11 – 18 years at the Club by 8%, and to have representation at National Schools Rowing Championships and National Rowing Championships of Great Britain.

Objectives:

1. To provide quality coaching and competition to all junior members.
2. To recruit and retain junior members aged 11 – 18 years.
3. To support and improve links with the Nottinghamshire Schools Rowing Association.
4. To provide all junior members with access to high quality water facilities, racing boats, and equipment.
5. To support the ARA National Junior Rowing Programme including Go Row, Project Oarsome, and World Class Start.
6. To protect all coaches, volunteers, and junior members, and to raise awareness and demonstrate responsibility in the area of child protection.

Action	PI	Time	Lead Officer	Partner Groups	Resources
To appoint a junior coach/coordinator, who will provide technical water coaching, land training and preparation of training programmes to all junior members **.		Oct - July	Club Captain	ARA EMRRC NSRA	Nil
To liaise with the Head Coach on the club coaching policy and lines of progression from the junior squad to the senior squads.		Oct – July	Head Coach	ARA EMRRC NSRA	Nil
To provide junior training sessions, as follows: T 4.30 – 6, W 4.30 – 6, T 4.30 – 6, S 8 – 2, S 8 – 2. To fully utilise Go Row awards when teaching young people at the Club**.		Oct - July	Squad Coach	ARA EMRRC NSRA	Nil
To participate in heads and regattas (as appropriate), and to organise 1 fun event per year (Nottingham Spring Regatta) **. See Competition		Oct - Aug	Squad Coach	ARA EMRRC NSRA LRC	Nil
To participate in the annual club training camp.		April	Club Captain	ARA	Nil
To review the junior membership category and pricing policy for juniors **.		April 04	Club Captain	ARA EMRRC	Nil
To explore funding opportunities in conjunction with the NSRA to appoint a Junior Co-ordinator/Coach on a part time basis for the NSRA.		Oct 03	Club Chairman	SE ARA EMRRC	Nil

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				LA NSRA	
To strengthen links with the NSRA by increasing the Clubs financial contribution to £500 per year **.		Oct - Sept	Club Captain	ARA EMRRC NSRA	£500
To seek grant aid through local authorities to purchase 2 single sculling boats for use by the World Class Start Programme.		Jul 03	Club Captain	SE ARA EMRRC LA NSRA	£3,000
To adopt and implement the ARA Child Protection Policy **. As follows: - <ul style="list-style-type: none"> • To display it clearly on the notice board at the Club. • To distribute copies to all junior coaches. • To fund all junior coaches to attend child protection training. • To screen all coaches who have personal contact with junior members. • To appoint a member who will be the key contact for managing child protection. 		Oct - Sept	Club Captain	SE ARA EMRRC LA	£50

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ADULT AND SENIOR DEVELOPMENT

AIM: To increase the number of senior members aged 18 – 24 years at the Club, by 24%.

Objectives:

1. To provide quality coaching and competition to all senior squads.
2. To recruit and retain senior members aged 18 – 24 years.
3. To improve links with Trent University Rowing Club and Nottingham University Rowing Club.
4. To provide all squads with access to high quality water facilities, racing boats and equipment.

Action	PI	Time	Lead Officer	Partner Groups	Resources
To appoint a squad coach, for each rowing squad including senior men, senior women, and novice squads. To provide technical water coaching, land training and preparation of training programmes to all squad members.		Oct - July	Club Captain	ARA EMRRC	Nil
To liaise with the Head Coach on the club coaching policy and lines of progression from the senior squads to the elite squad.		Oct – July	Head Coach	ARA EMRRC	Nil
To provide senior training sessions, as follows: M 6 – 8 T 6 – 8, W 6 – 8, T 6 – 8, S 8 – 2, S 8 – 2.		Oct – July	Senior Squad Coaches	ARA EMRRC	Nil
To participate in heads and regattas (as appropriate). See Competition		Oct - Aug	Squad Coaches	ARA EMRRC LRC	Nil
To participate in the annual club training camp.		April	Club Captain	ARA	Nil
To continue to run the winter circuit training sessions at Rushcliffe LC.		Sept – April	Club Captain	LA	£
To continue to provide personnel to run the sculling school at NWSC during the summer months in liaison with NWSC – Learn to Row Course. To ensure that this is fully utilised for club recruitment.		May - Jul	Club Captain	EMRRC NWSC	Nil
To actively encourage recreational rowing by providing all members with access to Club equipment and facilities.		Oct – Sept	Club Captain	ARA EMRRC	Nil
To actively encourage veteran rowing by providing veteran members with access to competition, equipment, and facilities.		Oct – Sept	Club Captain	ARA EMRRC	Nil

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COMMUNITY DEVELOPMENT

AIM: To improve links with the local community to increase Club membership by 40%.

Objectives:

1. To increase the club membership by 40%, by working proactively with the local community.
2. To particularly increase club membership amongst women and girls, juniors, and students.
3. To promote equality of opportunity in rowing and resources.
4. To develop proactive links with NWSC, NSRA, EMRRC, local authorities, universities, and clubs.

Action	PI	Time	Lead Officer	Partner Groups	Resources
To run 2 open/taster days per year during Oct and July (post Nat Champs), in conjunction with local Sports Development Officers (including RBC, and NCC). To specifically target participants from the Sculling School, students from Trent University, and Nottingham University and juniors from NSRA **.		Oct July	Club Captain	ARA EMRRC LA NWSC NSRA LURC	£500
To run 1 learn to row course over a 10 week period per year in conjunction with the Sculling School, as a means to recruit new members and link them directly into the novice development squad **.		May - Jul	Club Captain	ARA EMRRC LA NWSC NSRA LURC	£200
To set up annual meetings with Sports Development Officers to discuss publicity, school liaison and administration details for all open days **.		Aug	Club Chairman	ARA EMRRC LA	Nil
To explore the implications in providing an adaptive rowing programme at the Club, including coaching, equipment, and competition.		Oct 05	Club Captain	SE ARA EMRRC LA LRC	Nil
To produce a club publicity A5 flyer, which will include all club contact details, junior and novice training sessions, information on the sculling		Sept	Club Secretary	ARA EMRRC	£500

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school, and Club Open Days on an annual basis. To work in partnership with the NWSC and NSRA to obtain funding to support production.				LA NWSC NSRA	
To appoint a Club Press Officer, as a means to recruit new members.		Oct – Aug	Club Chairman	ARA EMRRC LM	Nil
To appoint a New Members Co-ordinator, and to write to all new members providing details on junior and novice training, and novice and junior squad coaches, particularly junior members **.		Oct – Aug	Club Secretary	ARA EMRRC	Nil
To appoint a Club representative to attend the EMRRC.		Oct – Sep	Club Chairman	ARA EMRRC	Nil
To appoint a Club representative to attend the NSRA.		Oct – Sep	Club Chairman	ARA EMRRC NSRA	Nil
To produce and adopt an equal opportunity and sports equity policy statement **.		Oct 03	Club Chairman	SE ARA EMRRC	Nil
To encourage and offer to fund the cost of committee members to attend 'A Club for All – welcoming all members of the community' – Running Sport Workshop **. A min of 1 member per year to attend.		Oct – Sept	Club Chairman	SE ARA EMRRC LA	£50

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COMPETITION

AIM: To provide all junior and senior members with access to competition.

Objectives:

1. To deliver a programme of high quality competitive events in Nottingham.
2. To support all national and junior events organised by the ARA.
3. To support all events organised by the East Midlands Regional Rowing Council.

Action	PI	Time	Lead Officer	Partner Groups	Resources
To continue to work in partnership with neighbouring Clubs to deliver Nottingham City Regatta, Trent Head and Nottingham Small Boats Head.		Oct Feb May	Club Captain	ARA EMRRC LA LRC LURC	£
To participate in local heads and regattas. To provide an appropriate range of competition for all squads. Oct Pairs Head, GB Squad Trials, Notts Scullers Head, Ancolme Head, Boston Marathon Nov Fours Head Dec GB Squad Trials, Newark Head Jan Peterborough Head Feb GB Squad Trials, Trent Head Mar Women's Head of the River, Men's Head of the River Apr Club Training Camp, Bedford Head, Inter Regional Champs May Nottingham City, Metropolitan, Peterborough Spring, Docklands Jun Loughborough, Women's Henley, Marlow, National Veteran Champs Jul Ironbridge, Henley Royal Regatta, National Champs of GB, Bewdley Aug Peterborough Summer Sept Worcester Vets & Juniors Regatta, FISA World Masters Champs		Oct – Sept	Club Captain	ARA EMRRC LRC LURC	Nil
To ensure that the junior squad participates in the National Go Row Event, Project Oarsome Regatta, Junior Sculling Camp, Big Ead, National Schools Rowing Championships, and National Rowing Championships.		Oct – Aug	Club Captain	ARA EMRRC	Nil
To ensure that the junior and senior squads participate in events organised by the EMRRC including EM Indoor Ergo Championships, Inter Regional Rowing Championships, and Big Ead.		Oct – Aug	Club Captain	ARA EMRRC	Nil

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To run a Sprint Regatta on the River Trent as a means to provide a fun competitive opportunity for juniors, novice, and adaptive rowers **.		July	Club Captain	ARA EMRRC	Nil
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PATHWAYS TO PERFORMANCE AND ELITE DEVELOPMENT

AIM: To increase the number of elite rowers in the Club by 8%, and to have representation at Women's Henley, Henley Royal Regatta, National Rowing Championships of Great Britain, and GB Squad Trials.

Objectives:

1. To provide quality coaching and competition to all elite rowers.
2. To provide all elite rowers with access to high quality water facilities, including multilane race facilities.
3. To provide all elite rowers with access to high quality racing boats and equipment.
4. To improve joint working with other Clubs, in the development of elite athletes.
5. To provide accessible boat storage to all elite rowers with private single sculling boats.

Action	PI	Time	Lead Officer	Partner Groups	Resources
To appoint an elite squad coach, who will provide technical water coaching, land training and preparation of training programmes to all elite squad members.		Oct – Jul	Club Captain	ARA EMRRC	Nil
To encourage the elite coach to act as Head Coach. To liaise with other squad coaches on the club coaching policy and to set appropriate criteria on the lines of progression from the senior squads to the elite squad.		Oct – Jul	Club Captain	ARA EMRRC	Nil
To provide elite training sessions (as outlined) M 5 – 7, T 5 – 7, W 5 – 7, T 5 – 7, F 5 – 7, S 8 – 10, & 11 – 1, S 8 – 10, & 11 – 1		Oct – Jul	Head Coach	ARA EMRRC	Nil
To participate in Henley Royal Regatta, Women's Henley, National Indoor Ergo Championships, and National Rowing Championships.		Oct – Aug	Head Coach	ARA EMRRC	Nil
To participate in heads and regattas (as appropriate).		Oct – Aug	Head Coach	ARA EMRRC LRC	Nil
To participate in the annual club training camp.		April	Head Coach	ARA	Nil
To secure access to NWSC for elite squad from October – July.		April 03	Club Captain	ARA EMRRC NWSC	£
To provide all elite crews with priority use on racing boats and equipment.		Oct – July	Head Coach	ARA	Nil
To allow elite squad members to form composite crews (if deemed		Oct – July	Head Coach	ARA	Nil

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appropriate).				EMRRC LRC	
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FACILITIES & EQUIPMENT

AIM: To provide all members with access to high quality rowing facilities and equipment.

Objectives:

1. To provide a modern fleet of boats, which includes a variety of all boat types, to suit all abilities.
2. To provide a well-maintained boathouse, including all modern amenities.
3. To provide access to high quality water facilities, including multi lane race facilities.
4. To provide a modern and well equipped gymnasium.
5. To provide adequate boat storage, to accommodate all boat types.
6. To provide adequate access for private single sculling boats.

Action	PI	Time	Lead Officer	Partner Groups	Resources
To produce an inventory of boats and gym equipment which identifies replacement, sale items, and future club requirements (in terms of age, and ability).		April 03	Club Secretary	ARA	Nil
To submit a grant aid application to purchase new boats to support an expanding junior and women's sections.		Sept 03	Club Secretary	SE ARA EMRRC LA Local Authorities Sport England	Nil
To conduct a structural survey on the existing boathouse to identify maintenance priorities.		April 03	Club Chairman	ARA	Nil
To set up a steering group to explore the feasibility for the development of joint facilities, in partnership with neighbouring Clubs.		Oct 07	Club President	ARA EMRRC LRC	Nil
To provide safe and secure racking facilities for all boats. To provide accessible racks to members with private single sculls. To investigate the availability of grant funding to pay for the substantial cost of re-racking.		April 03	Club Captain	ARA EMRRC	£15,000
To adhere to the ARA facility and equipment guidelines, in terms of the right		Oct – Sept	Club Captain	ARA	Nil

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size/spec of equipment for age, level or ability of members **.				EMRRC	
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APPENDIX A

AUDIT OF NOTTINGHAM BOAT CLUB

NAME OF CLUB: Nottingham Boat Club

Local Authority: Rushcliffe Borough Council

CONTACT DETAILS:

Name: Jonathan Fuggle, Nottingham Boat Club, Club Secretary

Address: 32 Cyprus Road, Mapperley Park, Nottingham, NG3 5EB

Tel No: (H) 0115 962 0001 (W) 01332 361000

Fax: 01332 348792

Email: jonathan.fuggle@freethcartwright.co.uk

ABOUT YOUR CLUB:

SENIOR PROFILE	
Seniors (over 18 years) (Rowing) – Male	57
Seniors (over 18 years) (Non rowing) - Male	12
Seniors (over 18 years) (Rowing) – Female	26
Seniors (over 18 years) (Non rowing) - Female	8
JUNIOR PROFILE	
15 – 18 years – Boys	0
15 – 18 years – Girls	9
TOTAL NO OF MEMBERS	112

* All juniors who regularly row at NBC, but are also associate members of NSRA have been included in the above figures, however, those NSRA members who only row for NSRA at NWSC have not been included in the above junior figures – see NSRA section.

- **Subscriptions:**

- £18 per month (by standing order) or £216 annually (Senior)
- £ 9 per month (by standing order) or £108 annually (Student)
- £ 9 per month (by standing order) or £108 annually (Junior)
- (ie Junior NBC members rather than NSRA)*

- **Cost Weekly/per session:** the above subscription allows you to use all club facilities every day of year at no additional cost. However, a circuit session is held on a weekly basis at Rushcliffe Leisure Centre and all members pay £2.00 to attend.
- **Cost of events and regattas (per year): See attached sheet.**
- **Is your Club affiliated to the ARA?** The Club pays annual fees to the ARA in the sum of £480, which increases each year.

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- **What standard does the Club cater for? (recreation, competitive, local, county, regional, national):** NBC caters for every level from recreational rowers who have never entered a race and train once per week, to competitors at a national level, training 6 days per week.

- **Men's Senior Squad – Profile**

ROWING	NUMBERS:
No of S1 & Open	28 (of whom 22 are veteran)
No of S2	6
No of S3	6
No of S4	8
No of Novice	9 (of whom 3 are veteran)
SCULLING	NUMBERS:
No of S1 & Open	3 (of whom 2 are veteran)
No of S2	5 (of whom 3 are veteran)
No of S3	5 (of whom 3 are veteran)
No of S4	0
No of Novice	44 (of whom 27 are veteran)

- **Women's Senior Squad – Profile**

ROWING	NUMBERS
No of S1 & Open	6 (of whom 2 are veterans)
No of S2	4
No of S3	4
No of S4	6
No of Novice	6
SCULLING	NUMBERS
No of S1 & Open	0
No of S2	2 (of whom 1 is a veteran)
No of S3	3
No of S4	3
No of Novice	18

- **What is the event calendar?**

- Oct** Pairs Head
GB Squad Trials
Notts Scullers Head
Ancolme Head
Boston Marathon
- Nov** Fours Head
- Dec** GB Squad Trials
Newark Head
- Jan** Peterborough Head
- Feb** GB Squad Trials
Trent Head
- Mar** Women's Head of the River
Men's Head of the River

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- Apr** Club Training Camp
Bedford Head
Inter Regional Champs
- May** Metropolitan Regatta
Peterborough Spring Regatta
Docklands Regatta
- Jun** Loughborough Regatta
Women's Henley
Marlow Regatta
National Veteran Champs
- Jul** Ironbridge Regatta
Henley Royal Regatta
National Champs of Great Britain
Bewdley Regatta
- Aug** Peterborough Summer Regatta
- Sept** Worcester Vets & Juniors Regatta
FISA World Masters Champs

ABOUT YOUR COACHES:

- **No of Qualified Coaches:** 7
- **No of Unqualified Coaches:** 2
- **No of Volunteers:** 2
- **Names & Qualifications (inc IA, Bronze, Silver, Gold):**

Men's Squad:	Mark Cooke (unqualified) Paul Stevens (IA)
Women's Squad:	Steve Timmins (Bronze)
Novice Squad:	Dave Sharp (IA) James Davey (unqualified)
Junior Squad:	Jim Waller (IA), part Bronze
Elite Squad:	Helen Bloor (Bronze)
Sculling School:	Ian Wain (IA)
Others:	Dave Sharmon (IA)

ABOUT YOUR FACILITIES:

- **Where is the Clubs main base:** Middle of Three, Trentside North, West Bridgford, Nottingham, NG2 5FA
- **Is this LA owned, private, lease, other:** Private (land is leasehold from Nottingham City Council)
- **Name any other venues the club uses for training:**
 1. NWSC (during regatta season April - July)
 2. The Club hires Rushcliffe Leisure Centre on Tuesdays from 6 – 8 pm @ £24.00 per hour for a circuit session

3. Training Camp once per year (location various usually overseas)
- **Do you hire out to other organisations:** The Club hire out both facilities and equipment to other organisations, both rowing and non rowing eg equipment at National Champs, and Commonwealth Rowing Champs, and facilities (building) for private parties, band promoters and Radio 1.
- **General Facility Issues (*general maintenance, changing facilities, time of day in use, issues or areas of concern, hire fees etc*):**
 1. Ageing fleet of boats (cannot sustain current membership).
 2. Too many coxed fours and insufficient coxless boats.
 3. Inadequate boat storage.
 4. No secure boat storage at NWSC.
 5. Hiring towing vehicles is expensive.
 6. Due to the use of the building particularly to band promoters, the Club has had to apply for a public entertainment license, and this type of use has also caused some minor noise nuisance issues with Nottingham City Council. There are also outstanding issues in relation to liquor licensing, as we are presently only in possession of a “club registration certificate” rather than a “full license”.
 7. Parking problems when Nottingham Forest FC have home match dates.

ABOUT YOUR PERFORMANCE:

- **List your achievements over the last 5 years (results at Henley, National Championships, Squad Trials) for men, women.**

1998	Women's Henley	(winner of lightweight coxless fours)
	National Champs	(silver medal, women's lightweight coxless fours)
1999	Women's Henley	(winner of lightweight coxless fours)
		(losing finalist in club fours)
	National Champs	(silver medal, women's lightweight coxless fours)
		(silver medal, men's lightweight coxless pairs).
2000	Women's Henley	(losing finalist in lightweight coxless fours)
	National Champs	(silver medal, women's lightweight coxless fours)
		(bronze medal, women's lightweight coxless fours)
2001	National Champs	(bronze medal women's coxless pairs)
		(bronze medal women's lightweight coxless fours)
2002	National Champs	(bronze medal women's lightweight coxless pairs)
		(bronze medal women's lightweight coxless fours (composite))

- **Performance Goals (for future):**
 1. Personal progression and improvement for all club members.
 2. Club representation at Women's Henley, Henley Royal, and National Champs.

ABOUT YOUR JUNIOR SECTION:

- **NBC Junior Squad – Profile (Girls 15 – 18 years)**

ROWING	NUMBERS
No of S1 & Open	0
No of S2	0
No of S3	0
No of S4	0
No of Novice	9
SCULLING	NUMBERS
No of S1 & Open	0
No of S2	0
No of S3	0
No of S4	0
No of Novice	9

- **NBC Junior Squad – Profile (Boys 15 – 18 years)**

ROWING	NUMBERS
No of S1 & Open	0
No of S2	0
No of S3	0
No of S4	0
No of Novice	0
SCULLING	NUMBERS
No of S1 & Open	0
No of S2	0
No of S3	0
No of S4	0
No of Novice	0

- **NBC Junior Training Sessions (15 – 18 years):**

Tuesdays 4.30 – 6.00 pm or 7.00 pm for circuits

Wednesdays 4.30 – 6.00 pm

Thursdays 4.30 – 6.00 pm

Saturdays 8.00 – 2.00 pm (2 sessions)

Sundays 8.00 – 2.00 pm (2 sessions)

ABOUT NOTTINGHAM SCHOOLS ROWING ASSOCIATION:

The NSRA was formed in July 2000 and is a partnership between Becket School, Djanogly TC, and local rowing clubs including Nottingham BC, Nottingham & Union RC, and Nottingham Britannia RC. All partners make a contribution of £250 per year to support the NSRA.

Anyone aged 11 – 18 years can participate in NSRA rowing sessions. See the attached structure. To date, the NSRA have had 98 members who have registered and passed some form of award, however 30 – 40 participants could be considered regular members.

NSRA Squad – Profile (Girls 11 – 18 years)

ROWING/SCULLING	NUMBERS
No of S1 & Open	0
No of S2	0
No of S3	0
No of S4	0
No of Novice	24

NSRA Squad – Profile (Boys 11 – 18 years)

ROWING/SCULLING	NUMBERS
No of S1 & Open	0
No of S2	0
No of S3	0
No of S4	0
No of Novice	16

- **NSRA Subscription Fees:** £30 per term for regular squad members, and £1 per session for all other members.
- **NSRA Equipment:** In 2000, the NSRA received a grant from A4A in the sum of £1930 which was used to support coach and launch driver training, NJRP materials and safety equipment. In 2002, NSRA received a second grant from A4A in the sum of £3,500 to purchase 4 virus training singles plus blades. NBC also made a contribution to this grant to upgrade the blades to concept 2 vortex blades, which could also be used for the NBC junior squad.
- **NSRA Coaches:** The NSRA has 11 coaches, 4 from NBC, 1 Becket School, and 6 from NURC.
- **NSRA Training Times (11 – 18 years NSRA):**
Summer Training:
Mondays 5.00 – 6.30 pm, Thursdays 4.30 – 6.30 pm (at NWSC)
Winter Training:
Sundays 3.00 – 5.00 pm, Thursdays 4.30 – 6.30 pm (at NWSC and NBC)
- **NSRA/NBC event calendar?**
The NSRA works towards participating in fun regattas as well as local regattas and heads. However, associate members of NSRA who are now members of NBC will also work towards the National Schools Regatta and National Championships.
- **List your achievements for juniors at NBC and NSRA.**
NSRA participated in the Project Oarsome Regatta at the Festival of Rowing held in August 2002, Ballcup Regatta, Worcester Junior Regatta, and Commonwealth Regatta Opening Ceremony.

Associate members of NSRA who now train at NBC have had the following success: J14 4x and 2x Ironbridge Regatta, J16 2x Burton Regatta, J16 2x Loughborough Regatta, and 5th J16 4x National Championships.

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- **Performance Goals (for future):** NBC juniors will aim to obtain medals at the National Schools Regatta, and National Championships.
- **Project Oarsome**
In July 2001, the NSRA was awarded a Project Oarsome grant in the sum of £48,051 from various organisations. It was a one off award to support the purchase equipment. All boats purchased through project oarsome are stored at NWSC in the Becket School boathouse.

Project Oarsome – funding received:

ARA (lottery and Henley Stewards):	£35,000
Becket School:	£3,000
Djanogly TC:	£1,000
Nottingham Boat Club	£1,350
Nottingham Britannia RC	£ 250
Nottingham & Union RC	£nil
Rushcliffe Borough Council	£1,000
Nottingham County Council	£ 300
Nottingham City Council	£nil
Foundation for Sport & Arts	£3,500
Local fundraising	£2,651

- **World Class Start Programme**

In early 2003 testing and selection will start for the World Class Start Programme. It will target 6 young people aged 15 – 16 years who are considered to show world class potential.

World Class Start will operate in parallel to the existing NSRA set up. The benefits will be indirect both for NSRA and World Class Start. World Class Start will hopefully help to raise the aspirations of NSRA and NSRA will help to provide a social dimension to World Class Start, which will help to support its members.

Unfortunately no funding is provided through this initiative. All Clubs are expected to provide 2 suitable sculling boats for priority use of World Class Start athletes. Funding received from the ARA will support a full time high performance coach to support World Class Start athletes.

ABOUT YOUR DEVELOPMENT:

- **Are you working towards Club Accreditation? Clubmark**
- **Has the Club received any funding via the LA or other Grants ie A4A, etc?**
 1. No grants from Local Authority or SDO.
 2. Unsuccessful A4A grant for assistance to support new racking.
- **Has the Club been involved in any ARA Initiatives? (regional forums etc).**
 1. Helen Bloor represents Club at EM Regional Rowing Council, and EM Regional Coaching Commission.
 2. Jim Waller is involved in the Project Oarsome Initiative (which is the main driving force behind NSRA), through NSRA the Club is also about to become involved in the World Class Start Programme.

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- **Does the Club have an Action or Development Plan?**
Not a current one but submitted a Development Plan with grant aid application to FSA 5 years ago.
- **Does the Club operate a Coach Education Programme?**
Fund coaches to attend various courses.
- **Is the Club attached to any other national initiatives?**
World Class Start, and Project Oarsome (as outlined above).
- **Has the Club applied for funding (ie LA, Lottery, Foundation for Sport & Arts, Other)?**
In 1996 the Club was successful in obtaining a grant from Foundation for Sport & Arts in the sum of £54,000. The grant paid for substantial improvements to the premises, including a new flat roof, structural underpinning of an area of the boat house (8's house), completely new male and female changing and shower facilities. £14,000 raised by the Club which paid for the roof and underpinning, and the remaining £40,000 was from Foundation for Sport & Arts.

PRIORITY AREAS FOR DEVELOPMENT:

(ie junior recruitment, coach education, women and girls, facilities,)

1. Facilities & equipment (suitable mix of boat types, safe and accessible boat racking).
2. Junior development
3. Novice development and community links
4. All round progression

COACH EDUCATION REQUIREMENTS:

(sports specific, NCF, Child Protection, CSLA, TOPS, first aid, running sport)

1. Gold Award – 2
2. Silver Award – 4
3. Bronze – 6
4. Instructors Award – 10
5. Child Protection Training

GAPS IN PROVISION (County & District):

1. No funding through Project Oarsome to support members aged 15+ years (who subscribe to the Club following participation at NSRA)
2. Lack of suitable boats to support members aged 15+ years, which have been recruited by NSRA Project Oarsome.
3. Mix of boat types required (currently have 7 x 4+, 3 x 4-)
4. Inadequate boat racking.
5. Insufficient numbers of Club sculling boats.

OTHER INFORMATION:

The Club runs a Sculling School at NWSC on Tuesday evenings from April – September. This is run in partnership with the NWSC. The Club provides all coaching personnel, and NWSC provides all boats. Ian Wain and numerous helpers run the Sculling School on behalf of the Club and each participant pays £5.00 per session, which is retained by NWSC. In return the Club receives free use of NWSC all year round.